

SECOND DESTINATION RIDE : SEPT. 1, 2019 , SUNDAY

To a hidden lake, above tree line, on the south face of Mt. Coulthard, at the headwaters of South York Creek. Leaves from the staging area, on York Creek road.

Meet there at 9:30 AM. We will ride on a double track:

1. Up York Creek road to the confluence of North and South York Creeks. This is a picturesque site, with multiple small waterfalls.
2. Continue up York Creek road until we reach the beginning of South York Creek, in a large basin.
3. Park bikes in the trees
4. Hike up to the ridge (that divides the 2 York Creeks).
5. Hike up the ridge line, to where we do a rock scramble, to look down at the lake.
6. If everybody wants, we can hike down to the lake, to walk around it.

You should bring a lunch, plenty of water, rain/wind protection, camera and possibly hiking/climbing runners, especially if you ride with clip less shoes. It's a nice 6 to 7 km. downhill, going back out.

Any questions, call or text Duane Reimer at 403-563-0171.